

Hi there,

I wanted to give feedback on the L2 guidance. This notion that health clubs cant allow a client to "sweat" or go above an RPE4 has never been done in any other country Globally. This is because how is this policed? I have stuck to this recommendation and I have members telling me other places haven't.

The health and fitness sector are frustrated. First to close (not included in Phase 1) and last to open but.... we are one of the safest businesses there are and one which does the Public health good.

No sweating - there is no evidence to say you can catch CV from sweating

REP3/4 - that is like walking your dog on the beach.

Our clients have said this is quite frankly "ridiculous"!

We - unlike cafes etc deep clean every hour. We wipe equipment down before and after use/. Cafes don't clean down chairs and deep clean every hour. Health clubs have the most intense cleaning protocols of all businesses.

The problem is that there is no parity and it doesn't appear that responsible businesses are getting the support. We should get behind health clubs and their benefits - we shouldn't be scaremongering the public about their safety (without any evidence).

You are 2 times less likely to end up in hospital from COVID if you are fit and exercise has an immunity effect.

These guidelines mean that our customers would rather not pay than get a half baked souffle - it's like saying you can Open a Greggs but you can't sell sausage rolls or sandwiches!!! These guidelines are commercial insanity for our sector.

Thanks



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**Founder & CEO** | Soulgenic